

WHAT TO PACK WHEN TRAVELLING TO MEXICO & CENTRAL AMERICA

Deciding what to pack and bring with you when visiting Mexico and Central America can be confusing and somewhat overwhelming unless you have some handy hints – keep reading, we're here to help!

Most of Central America is quite westernised, so the best piece of advice we can offer is to wear what makes you comfortable. Bring clothes for all seasons with layers to cover the variable weather conditions, including warmer items for evenings in mountainous areas, as well as your favourite, most comfortable pair of walking shoes – you will need them in Central America! Many of our passengers are surprised at how much walking they end up doing.

We suggest checking the forecasted weather for the specific places you're visiting on tour, as this will give you a rough guide on current temperatures. Keep in mind that temperatures and climates can vary based on the regions you'll be exploring, but in general you'll find balmy, tropical weather year-round with distinct dry and wet seasons. Pack light, loose fitting clothes for warm days and layers for cooler mornings and evenings, particularly in the highlands in Southern Mexico, Guatemala and Costa Rica where it can get quite chilly at certain times of the year.

There can be a lack of shade when visiting sights and attractions, so a sturdy hat and sun protection is also an absolute must.

PACKING LIST

- ❑ Lots of layers – it can be cool at nighttime, even if it's hot during the day
- ❑ A wind and rain proof jacket
- ❑ Comfortable walking shoes and a pair of thongs or sandals
- ❑ Sunglasses, hat, sunscreen and swimsuit
- ❑ Toiletries
- ❑ Camera and camera charger
- ❑ Phone and phone charger
- ❑ Universal travel adaptor
- ❑ Any necessary prescription medication (always carry them in your hand luggage)
- ❑ Panadol, Gastro Stop, cold and flu medication, antihistamine and mosquito repellent
- ❑ A photocopy of your passport, travel insurance policy and list of prescribed medications



WE WISH YOU A WONDERFUL JOURNEY IN THIS FASCINATING PART OF THE WORLD!