

WHAT TO READ & WATCH BEFORE TRAVELLING TO THE FIVE STANS

Congratulations, you've booked your small group tour to Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, and Uzbekistan! We thought you might enjoy a list of our favourite movies/documentaries and books about this region to add to the excitement of your upcoming holiday.

SUGGESTED READING & WATCHING LIST

Movies

- ❑ Tulpan (2009)
- ❑ The Light Thief (2010)
- ❑ Hot Bread (2018)
- ❑ The Queen of the Mountains (2014)
- ❑ 2000 Songs of Farida (2020)
- ❑ Killer (1998)
- ❑ Mushkilkusho (2016)
- ❑ The Man Who Unlocked the Universe (2017)

Documentaries

- ❑ Joanna Lumley's Silk Road Adventure (Season 1 Episode 4 2018)
- ❑ Rhythms of Lost Time (2021)
- ❑ The Lost Empires of Turkmenistan (2021)
- ❑ Dream Routes (2018)
- ❑ The Silk Road (2017)
- ❑ Anthony Bourdain: No Reservations (Season 1 Episode 8 2005)



Fiction Books

- ❑ The Dead Lake by Hamid Ismailov
- ❑ The Day Lasts More Than a Hundred Years by Chingiz Aitmatov
- ❑ Jamilia by Chingiz Aitmatov
- ❑ The City Where Dreams Come True by Gulsifat Shahidi
- ❑ The Tale of Aypi by Ak Welsapar
- ❑ The Dead Wander in the Desert by Rollan Seisenbayev

Non-fiction Books

- ❑ Murder in Samarkand by Craig Murray
- ❑ Sovietistan: A Journey Through Turkmenistan, Kazakhstan, Tajikistan, Kyrgyzstan and Uzbekistan by Erika Fatland
- ❑ Unknown Sands by John Kropf
- ❑ A Carpet Ride to Khiva: Seven Years on the Silk Road by Chris Aslan
- ❑ Silent Steppe: The Memoir of a Kazakh Nomad Under Stalin by Mukhamet Shayakhmetov
- ❑ The Lost Heart of Asia by Colin Thubron

WE WISH YOU A WONDERFUL JOURNEY IN THIS FASCINATING PART OF THE WORLD!